

InFocus FAQs

How long and what time is the program?

Programs usually run over for 6 weeks, once a week from 6pm till 8pm.

What is the cost of the program?

It is free to attend, including all program materials provided to you.

Where is it running?

Check our InFocus page on this website for where and when our programs are or speak with our Helpline.

How do I enrol?

Call our Helpline on 1300 660 068 to enrol in the program.

How many people are in the group?

Usually between 6 and 14 people.

Who can come?

Anyone who has someone they love who is battling with drug or alcohol addiction issues.

How do I know if my loved one is addicted?

This is covered fully in the program.

Is my addicted loved one allowed to come?

No, this program is only for the families of a loved one with a drug or alcohol dependence.

Will I learn different skills to cope?

Yes, the course offers a lot of new skills and strategies to help you cope.