

Chance for young video artists to screen their work

YOUNG emerging film makers have an exciting opportunity to showcase their productions in Wangaratta.

The Wangaratta Art Gallery will accept applications until Friday, November 10 for its Youth Film Project, where films created by people between 12 and 25 years of age will be screened in gallery two.

An official launch and public

screening will kick off the show from 6pm on Friday, November 17.

The project will complement National Gallery of Australia's touring exhibition, 'Light Moves: Contemporary Australian Video' held in gallery one.

Wangaratta Art Gallery director Simone Nolan said the show aimed to give voice and a unique experience to aspiring film makers.

"We have enough entries to put on a really good display of young artists' works but we would still be interested if people wanted to put something forward over the weekend," she said.

"It's important for people to realise the art gallery isn't always just the one form, film is a really interesting medium that is becoming more common. "We want young film makers

to have the experience of showing their work in a professional gallery space."

Films involved in the exhibition will be projected in pop up exhibitions in various places throughout Wangaratta's central business district (CBD) during summer.

For more information, visit wangarattaartgallery.com.au/youth-film-project/.

BreakThrough: it's 'ice' education for families



BY SHANE DOUTHIE
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TWO information sessions to assist people impacted or affected by the drug 'ice' including families and frontline workers/staff will be held on Wednesday in Wangaratta.

The BreakThrough program covers topics which separates fact from fiction about ice including what it is, why people use it and why it causes problems.

Most importantly, it explains the process by which people decide to seek help for their drug use and how families can support these decisions.

BreakThrough also looks more broadly at the relationship between drug use and mental health, and provides practical strategies to help family members discuss drug use and keep the lines of communication open.

It will also provide families with the skills and knowledge to navigate the treatment system, and obtain the best possible outcomes for their loved ones.

All family members attending the workshop will be given information on where to get help and support following the completion of the workshop, and options for ongoing support activities.

"Family members who attend the BreakThrough program regularly report it gives them encouragement," presenter Leanne Eames from Self Help Addiction Resource Centre Inc (SHARC) told the Chronicle.

"It increases their confidence



BREAKTHROUGH PRESENTER: Leanne Eames from Self Help Addiction Resource Centre Inc has a wealth of knowledge about assisting people with problematic drug issues and of the supports and treatments available.



in dealing with difficult family dynamics caused by having an ice user in the family.

"Health professionals, particularly those from outside of the drug and alcohol sector, find it a valuable learning opportunity to gain a better understanding of the family perspective.

For anyone attending, the program creates awareness by providing facts and figures.

"This information helps to desensationalise and reduce fear around ice use, without trivialising the challenges faced by families.

"Participants in rural areas have suggested that information provided by the program can help to reduce stigma which can lead to better management in the community."

To register for the frontline worker/agency staff session of BreakThrough: Ice Education for Families, to be held at Room 1, The Centre, on Wednesday, No-

vember 8 from 1pm to 4pm, go to <http://BeyondIceWangaratta.eventbrite.com>.

To register for the families session of BreakThrough: Ice Education for Families, to be held at the Wangaratta Performing Arts Centre from 6pm to 9pm on Wednesday, November 8, go to: <https://www.breakthroughforfamilies.com/attend> and scroll down to select the 'Wangaratta' option, or call the Family Drug Helpline on 1300 660 068 to register over the phone.

Attendance is free but registration is highly recommended as places are filling fast.

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